

2018 UMS Taekwondo SUMMER CAMP

6349 Columbia Pike #C, Falls Church VA 22041 / 703.914.1110



- Dates: June 18 ~ August 24. 2018
- o Hours 7:30am 6:30pm
- —o Registration Fee \$60 (Includes TKD uniform & Camp T-shirt)
- If you already have **UMS TKD** Uniform, registration will be only \$10 (will also include Camp T-shirt)
 - o Who can attend: 5 yrs to 12 yrs old students

(13 yrs & up need special permission from Grand Master Um)

- Taekwondo class, Discipline, Self confidence, Respect, Focus
- 10% discount for additional family members
- Trip to the Korean Embassy by appointment

Camp Includes: Taekwondo, Korean Embassy, Swimming pool, Fire Station, Flower Garden, Breaking Board, Parks, Movies in studio, Sports, Moon bounce, Korean Language etc

Field Trip Fee will apply for: Chuck E. Cheese, Reston Zoo. Bowling, Movie Theatre.



Learn more about UMS : umsKICK.com



^{*} The Korean embassy require a special reservation. We will announce as soon as the reservations are accepted.

2018 UMS Summer Camp Schedule

| 2016 OWIS Summer Camp Schedule | | | | | | |
|--------------------------------|--|----------|--|--|--|--|
| | MONDAYS | 3:50 PM | Camp ends: Quiet-time activity Parent pick-up before 6:30 PM. | | | |
| 7:30 AM | Kiss & Ride between 7:30 – 9:15 am. Play quiet activities, games. | | THURSDAYS | | | |
| 9:15 AM | The camp begins! All students come out to the Main Mat and get ready for camp: Take attendance; Review our schedule and Dojang rules; Learn mannerism. | 7:30 AM | Kiss & Ride between 7:30 – 9:15 am. Quiet-time activities, games or Movie. | | | |
| | a) Physical fitness activities Taekwondo Class: b) Learn about discipline c) Practice hand technique | 9:15 AM | Taekwondo Discipline training and Obstacle courses. Climbing rope; Combination and team sparring; Spider punch and kick! | | | |
| 11:30 AM | Lunch & rest; Supervised free time. Games: Ps2, Board Games, Card games | 11:00 AM | Lunch & going to the Swimming Pool! | | | |
| | dames. F32, board dames, card games | 3:00 PM | Return to the Dojang, Meditation | | | |
| | Taekwondo & Moon Bounce and Dodge Ball, Target kick | 3:15PM | Taekwondo discipline – learn to organize & clean-up; Responsibility and snack time. | | | |
| 3:15 PM | Taekwondo discipline and meditation Learn to organize & clean-up Responsibility and snack time | 3:50 PM | Camp ends- Quiet activity Parents pick-up before 6:30 PM. | | | |
| 3:50 PM | Camp ends: Quiet-time activity parents pick up before 6:30 PM. | 7:30 AM | FRIDAYS | | | |
| | <u>TUESDAYS</u> | | Kiss & Ride between 7:30 – 9:15 am. Play quiet activities, games. | | | |
| 7:30 AM | Kiss & Ride between 7:30 – 9:15 am. Play quiet activities, games. | 9:15 AM | Taekwondo: Practice breaking techniques, and Movie style sparring. | | | |
| 9:15 AM | Taekwondo Class: Kicking and punching Techniques. Target striking, Dummy bag striking, Combination kicks | 11:30 AM | Lunch Time & rest; supervised time: Game day! | | | |
| 7120121 | | 12:45 PM | Taekwondo Board Breaking Techniques and Moon Bounce, Climb Rope | | | |
| 11:30 AM | Lunch & Take break | 3:15 PM | Taekwondo discipline – learn to organize & clean-up; Responsibility and snack time | | | |
| | Go to park and play sports (Mason District Park) | | | | | |
| 3:00PM 3:15PM | Return to the dojang, Taekwondo meditation and stretching, & Sit ups Learn to organize & clean-up | 3:50PM | Camp ends: Quiet-time activity Parents pick up before 6:30 PM. | | | |
| | Responsibility and snack time | | | | | |
| 3:50 PM | Camp ends: Quiet-time activity parents pick up before 6:30 PM. | | Schedule is subject to change. | | | |
| | WEDNESDAYS | | Bring own Lunch and Snacks everyday Chuck E Cheese field trip day, lunch is provided. | | | |
| 7:30 AM | Kiss & Ride between 7:30 – 9:15 am. Play quiet activities, games. | | (only bring snacks)Late Fees apply for pickups after 6:30pm | | | |
| 9:15AM | TKD Class: One-step sparring & free sparring | | Mon. and Fri. – Wear Taekwondo uniform | | | |
| | Posture and movement. Combination steps | | Tue. and Wed. – Camp T-shirt | | | |
| 10:30 AM | <u>Lunch & Field Trip</u> – Returning 3pm 1 Chuck E Cheese 2.Korean Embassy 3.Air& Space museum | | Thursday - Swimming gear, Towel, sun screen | | | |
| | 4 Mayie Theatre F Chuck a chasse | | | | | |

4. Movie Theatre 5. Chuck e cheese6.Reston Zoo 7. Korean Embassy8. Bowling 9.Churck E Cheese

Learn to organize & clean-up Responsibility and snack time

3:00 PM Take rest, Taekwondo discipline and meditation, stretching



Camper 4 _______

X ___ + __ = \$

2018 UMS TAEKWONDO SUMMER CAMP REGISTRATION FORM

| MARTIAL ARTS | | | | | | | | | | | |
|--|-------------------------|--|--|---|--|---|---|---|------------------------|--------------|--|
| 1. Camper Nar | me: | | | FIRST | | | | Age: | N | <u>1 / F</u> | |
| 2. Camper Nar | | | | FIRST | | | | Age: | N | <u>/ / F</u> | |
| 3. Camper Nar | FIRST | | | | Age: | N | <u> </u> | | | | |
| Guardian Nam | e: | | | | Em | nail: | | | | | |
| Address: | | | | FIRST | | | | | | | |
| Home Phone:_ | | | | APT# / : | | CITY | _C: | STATE | ZIP | | |
| Emergency Ph | | | | | | | | | | | |
| Any special co | nditions / alle | | ications we r | need to be a | ware of? | | | | RELATION | | |
| 1 🔲 | 2 🗌 | 3 🗌 | 4 🗌 | 5 🔲 | 6 🗌 | 7 🔲 | 8 🗌 | 9 🔲 | Office use or | ily | |
| 6/18- 22 | 6/25- 29 | 7/9- 13 | 7/16- 20 | 7/23- 27 | 7/30 – 8/3 | 8/6 -10 | 8/13- 17 | 8/20-24 | Total weeks of deposit | | |
| *Chuck E Cheese | Korean Embassy | Air & Space | Movie Theater | Chuck E Cheese | Reston Zoo \$10 | Korean Embassy | Bowling \$20 | *Chuck E Cheese | \$ | | |
| \$20 | | Museum Deposit is rec | \$20 | \$20 | each week. It is | , | | \$20 | CC CA | <u> </u> | |
| | ψ00 1 | | | | less spaces are | | oic. | | Initial | <u></u> | |
| | 1 | 1-3 Weeks Rates; | | | 4 weeks & more Rates; | | | | | | |
| 7:30am - 4pm | | | | | \$219 / week | | | | \$209 / week | | |
| Rates apply after 4pm pick up (\$4 for an hour) | | | | We | We will calculate by hour & daily and charge Friday end of the we | | | | | | |
| 7:30am – 6:30pm | | | | | \$249 / week \$23 | | | \$239 / w | / week | | |
| | * 4 *Field trip to C | weeks & more Chuck E Che Movie thea orean embas | e camper rec 10% dis ese: \$20 will i iter \$20 includ sy – announce | eive 2 T-shir scount for ad nclude Lunch le ticket & po ements will b | T-Shirt. If they ts. *1~3 wee ditional family rows a Tokens / Rows corn & drink e made as sool charge is due | ks camper remembers! eston Zoo \$1 No camp on n as the rese | ceive 1 T-sh o include tick July 4 th weel rvations are a | nirt. set & animal for scepted <u>.</u> | | | |
| Guardian's | Printe | ed: | d:Do | | | ate: | | | | | |
| *By signing you h | ave read and | agree to the | terms above. | Office U | se Only | | | | | | |
| Reg. | Depositck | | Field trip Pd On: | | | | | | ٠ | | |
| | CALCULA | TIONS & P. | AYMENT: | | CK | CC | <u>CA</u> F | ² d On: <u>/</u> | / | _: | |
| Camper 1 | WEEKLY RATE X | # OF WEEKS FIELD | = \$ | | Credit Ca *required | ard: | | | | | |
| Camper 2 | WEEKLY RATE X | # OF WEEKS FIELD | = \$ | | | | | 0)/0 | | | |
| Camper 3 X + = \$ Exp. Date: / CVS code: If payment not received, we will charge every Friday 10days before camp start | | | | | | | | | | | |



TERMS OF AGREEMENT:

Payment/Cancellation/Modification Policy: Registration payment reserves the camper(s) listed above space in the camp. All payments are non-refundable. Payment for the week secures the entire week, even if the camper(s) listed above does not attend the entire week. If payments are not received on time the camper(s) will not be allowed in the camp. Payment made weekly are due on Fridays (10 days before)Failure to make a payment on any due date (whether in person or rejected Credit Card draft) will cancel participant's registration.

If the camper(s) cannot attend due to physical reasons (ie. broken leg), a Doctor's medical note must be provided in order for payments to be applied toward future camps or Taekwondo memberships.

A \$25 service fee made payable to UMS Martial Arts is charged for bounced checks. A \$25 service fee is charged for modification of weeks (not for adding weeks in advance). Late pick up charges are as follows and are to be paid before the camp ends each Friday: \$10 from 6:31-6:45pm and \$5 for every 15 minute segment thereafter. Failure to make payments will result in referral to a collection agency.

Waiver and Release: I, as the child(ren)'s legal guardian, fully recognize that martial arts involves strenuous physical exercise and I am fully aware of the risks of injury and/or illness inherent in participation in any fitness or martial arts program, and I have taken all reasonable steps to determine, and hereby warrant, that my child(ren) is(are) in good health and physically capable of participating in the programs and courses of instruction offered by UMS Martial Arts. I understand and agree that all participation in any such fitness program or use of UMS Martial Art's equipment or facilities on or off the premises, including field trips, shall be at our own risk.

I authorize the officers and personnel of UMS Martial Arts to transport my child(ren) to and from UMS Martial Arts in any event, and in the case of a medical emergency I authorize UMS Martial Arts and its officers and personnel to seek medical attention for the camper(s) mentioned above. I also authorize the attending physician to perform any emergency treatment that is deemed necessary. I hereby release, indemnify, and hold harmless UMS Martial Arts and its personnel from and against any and all claims, suits, demands, damages, costs and liabilities of any kind or any kind of nature, including attorney's fees and costs, for any injury, harm or fatalities of myself or my child(ren), or of any person(s) who become entitled to the use of the facilities of UMS Martial Arts by virtue of this agreement, or any third persons, which arise directly or indirectly out of or in virtue of our presence at UMS Martial Arts for any form of compensation or claim for any fatalities, harm or injuries sustained by our presence at UMS Martial Arts.

Loss/Damage/Theft of Property: I understand and agree that UMS Martial Arts and its personnel shall not be held responsible for any personal property which is damaged, lost or stolen in or around UMS Martial Arts or its facilities, or at any of UMS Martial Arts' off-premises events and field trips.

Photographic Equipment: I hereby authorize UMS Martial Arts personnel to photograph me or my child(ren) and to utilize such photographs for commercial purposes, including but not limited to the promotion and marketing of UMS Martial Arts, and I agree that I nor any party acting on my or my child(ren)'s behalf shall not be entitled to receive compensation as a result of such use.

| Guardian's Signature*: | | |
|---|-------------|--|
| | | |
| Printed: | Date: | |
| *By signing you have read and agree to the terms above. | | |