



NEW Class Schedule

umsKICK.com

Effective: Sep. 4th Tuesday

* Children's Taekwondo Classes * (3 -10 years olds.)						
	Mon	Tue	Wed	Thr	Fri Olympic Sparring	Sat
No belt, White, Yellow, Orange	5:45 – 6:25		5:15 – 5:55	5:45 – 6:25	5:10 – 5:55 Child 6 – 9 years old	11:55-12:40
Green, Purple	5:45 – 6:25	5:40 - 6:20	5:15 – 5:55	5:45 – 6:25		
Blue, Super Blue	5:45 – 6:25	5:40 - 6:20	5:55 – 6:35	5:45 – 6:25	5:55 – 6:40 10 years & up	11:15 – 11:55
Brown, S-Brown Red, S-Red, Semi S-Semi, Black Belt		6:20 – 7:00	5:55 – 6:35	6:25 – 7:05		
Dragon All (5 – 6 years)	5:10 – 5:45		4:40 – 5:15	5:10 – 5:45		10:40 - 11:15
Little Tigers (3 – 4 years)		5:10 - 5:40			4:40 – 5:10	10:10 - 10:40
Dream Team						1:30 – 3:00

Adult, Family, Teens Class

	Mon	Tue	Wed	Thr	Fri	Sat
Adults Taekwondo	7:05 – 7:50		7:05 – 7:50		6:40 – 7:25	11:55-12:40
Family Taekwondo	7:05 – 7:50		7:05 – 7:50		6:40 – 7:25	11:55 – 12:40
Teens 11 & Up Taekwondo	6:25 - 7:05		6:30 - 7:10		5:55 – 6:40	
Hapkido		7:00 – 7:45		7:00 – 7:45		11:55-12:40 open mat
Family Hapkido		7:00 – 7:45		7:00 – 7:45		

CLASS ATTENDANCE NOTES

- Students are allowed to take one class per day.
- Dragons & older student may take family class only if they practice with family member. 5 yrs. & up