



NEW Class Schedule

umsKICK.com

Effective: April 11th Thursday

* Children's Taekwondo Classes * (3 -10 years olds.)

	Mon	Tue	Wed	Thr	Fri Olympic Sparring	Sat
No belt, White, Yellow	5:10 – 5:50	5:45 –6:25		5:45 – 6:25	4:50 – 5:30	11:50-12:35
Yellow, Orange, Green, Purple	5:10 – 5:50	5:45 –6:25	5:50 – 6:30	5:45 – 6:25	4:50 – 5:30	
Blue	5:10 – 5:50	5:45 - 6:25	5:50 – 6:30	5:45 – 6:25	5:30 – 6:15	11:10 – 11:50
S-Blue	5:50 – 6:30	6:25 – 7:05	5:50 – 6:30	6:25 – 7:05	5:30 – 6:15	11:10 – 11:50
Brown, S-Brown, Red, S-Red, Semi S-Semi, Black Belt	5:50 – 6:30	6:25 – 7:05		6:25 – 7:05	5:30 – 6:15	11:10 -11:50
Dragon (5 – 6 years)		5:10 – 5:45	4:45 – 5:20	5:10 – 5:45	4:50 – 5:30	10:35 - 11:10
Little Tigers (3 – 4 years)			5:20 - 5:50			10:05 - 10:35
Dream Team						1:30 – 3:00
After School Class	4:30 – 5:10	4:30 – 5:10		4:30 – 5:10		

Adult, Family, Teens Class

	Mon	Tue	Wed	Thr	Fri	Sat
Adults Taekwondo	7:05 – 7:50	7:05 – 7:50		7:05 – 7:50	6:15 – 7:00	11:50-12:35
Family Taekwondo	7:05 – 7:50	7:05 – 7:50		7:05 – 7:50	6:15 – 7:00	11:50 – 12:35
Teens 11 & Up Taekwondo	6:30 - 7:10		6:30 - 7:10		5:30 – 6:15	
Hapkido Adults	7:05 – 7:50	7:05 – 7:50		7:05 – 7:50	6:15 – 7:00	11:50 – 12:35
Family Hapkido	7:05 – 7:50	7:05 – 7:50		7:05 – 7:50	6:15 – 7:00	11:50 – 12:35

CLASS ATTENDANCE NOTES

- Students are allowed to take one class per day.
- Dragons & older student may take family class only if they practice with family member. 5 yrs. & up
- On promotion belt test & Belt ceremony days & when FCPS & ACPS close due to bad weather & Government holiday.