



UMS MARTIAL ARTS

Class Schedule (Start March 8th Mon.)

Zoom Id-968 197 1904 Password-058184

	Mon	Tue	Wed	Thurs	Fri
5 years & Under					4:00 – 4:30 Mat
8 years & Under	4:00 – 4:40 Online	5:05 – 5:45 Mat Last name N - Z	4:00 – 4:40 Online	5:05 – 5:45 Mat Last name N - Z	3:50 – 4:30 Online
	4:50 – 5:30 Mat Last name A – M		4:50 – 5:30 Mat Last name A – M		
9 years & Up	5:40 – 6:20 Mat	4:10 – 4:50 Park	5:40 -6:20 Mat	4:10 – 4:50 Park	3:50 – 4:30 Online
		5:50 – 6:30 Online		5:50 – 6:30 Online	5:50 – 6:30 Mat
Adults		6:30-7:20 Mat		6:30-7:20 Mat	Dream Team 4:40 – 5:40 Mat

PLEASE REMEMBER:

- Every Student must wear face mask for class
- If you or student have any symptoms like fever, sore throat cough ...etc follow the CDC guideline and stay home.
- We will check student temperature if 99.5 degree and under can take class
- If you or your child exposed to someone with COVID-19, please notify us immediately and you (family members) have to quarantine for 2 weeks
- If you or student had any symptoms before or after attending UMS classes, let us know immediately Call 703 - 914 - 1110 or email to umsmartialarts@gmail.com

Thank you